

Curriculum Vitae



1.PERSONAL DETAILS

Name : Dr. Ashutosh Chaudhuri
Designation : SACT
Department : physiology
Phone Number :9932635462
Email : ashutoshphysiology@gmail.com
Date of Joining :22/10/2009

2.EDUCATIONAL QUALIFICATION

Exam Passed	Board/University	Year of Passing	% of Marks	Division
Madhyamik	W.B.B.S.E	1999	77.00	1 st
H. S	W.B.C.H.S.E	2001	61.60	1 st
B.Sc.	V.U	2004	64.62	1 st
M.Sc.	V.U	2006	63.80	1 st
B.Ed.	V.U	2008	63.30	1 st
Ph.D.	CMJ University	2022		

3.Ph.D thesis, Guide's Name, Institute/Organization/University, Year Of Award

- Thesis Title : Study the effects of yoga on Body Composition ,Antioxidant Biomarkers and Autonomic Functions of Persons with Mental Health Disorders.
- Guide : Dr. Indranil Manna .Research Guide CMJ University Meghalaya.
- University :CMJ University,Jorabat Meghalaya.
- Year of Award: 05/05/2022

4. Work Experience : 22/10/2009 to till now

5. Publication:

- i. Ashutosh Chaudhuri, Baijayanti Baur, Indranil Manna. Role of Yoga in Management of Autonomic Dysfunctions in Persons with Mental Health Disorders. Journal of Advances and Scholarly Researches in Allied Education. 2019; 16 (1): 2067-2075. (ISSN : 2230-7540) (DOI: 10.29070/JASRAE) [UGC Listed Journal No: 49103 (2017)].
- ii. Ashutosh Chaudhuri, Baijayanti Baur, Indranil Manna. Effects of Yogic Practice on Oxidative Stress-Antioxidant Levels in Persons with Mental Health Disorders. Journal of Advances and Scholarly Researches in Allied Education. 2019; 16 (6): 3538- 3548.(ISSN : 2230-7540) (DOI : 10.29070/JASRAE) [UGC Listed Journal No: 49103 (2017)].
- iii. Ashutosh Chaudhuri, Baijayanti Baur, Indranil Manna. Effects of Short Term Yoga on Autonomic Functions in Persons with Mental Health Disorders. The International Journal of Analytical and Experimental Modal Analysis. 2020; 12 (4): 2196 - 2207. (ISSN NO:0886-9367) (DOI:18.0002.IJAEMA.2020.V12I4.200001.0156593) [UGC CARE Approved Group- II Journal No: 36272].
- iv. Ashutosh Chaudhuri, Baijayanti Baur, Indranil Manna. Effects of Yogic Practice on Body Composition Variables in Persons with Mental Health Disorders. Zenith International Journal of Multidisciplinary Research. 2021; 11 (1): 58 – 73. (ISSN 2231-5780) (Blind reviewed and refereed journal)
- v. Ashutosh Chaudhuri, Baijayanti Baur, Indranil Manna. Effects of Yogic Practice on Psychological Status in Persons with Mental Illness. Zenith International Journal of Multidisciplinary Research. 2021; 11 (3): 87- 103. (ISSN 2231-5780). (Blind reviewed and refereed journal)

6.Seminar Attended:

- i. Ashutosh Chaudhuri. "Role of Yoga in prevention of Oxidative Stress in patients with Depression". Interdisciplinary International Seminar on Psycho-Spiritual Approach Towards Yoga. Organized by the Department of Yoga & Psychogy, Green Valley College of Education, Sahpur, Haryana, India. 22nd-23rd February, 2020.
- ii. Ashutosh Chaudhuri. "Autonomic Dysfunctions in Patients with Depression: Preventive role of Yoga". An International AAAP Sponsored e-Conference on Emerging Trends in Yoga & Behavioural Psychology (ICETYBP 2020). Organized by the Department of Psychology in academic collaboration with the IJRTS Publications House, Trinity World

Educational Province, United Kingdom. 28-29 August, 2020.

12.Administrative Position: Assistant Co-ordinator of N.S.O.U (Kharagpur College)

Declaration:

I hereby declare that the above information is true to the best of my knowledge and belief.