

BEST PRACTICE #01, (2016-17)

Title: Installation of Vending Machine for Sanitary napkin and Destroyer

Context:

Vending machines for sanitary napkins with Destroyers (for used ones) have been installed for the girl students and women staff members.

The objectives:

The college receives a large number of girl students and many of them commute from rural areas. Keeping in mind of their good health and definitive requirements, a system of vending machines were planned to be installed for dispensing of sanitary napkins in order to have easy access and with low price. Along with this, a system of destroyer of the used napkins in a proper manner for hygienic purpose is necessary. Initial trainings for operating the machine have to be imparted to the students and women staff members.

The Practice:

A set of sanitary napkin vending machine and Destroyer (for hygienic disposal) have been installed in the girls' common room and different Girls and Female teacher's toilet in the campus.

Apart from initial training and instructions for usage, planned training programmes for girls on the proper use of the machines have been given department wise as per resolution of women's cell meeting dated 10 August, 2016.

The matters of regular supply, refilling and proper usage are being taken care of by the women cell members.

Obstacles faced/Problems encountered:

The initial obstacles encountered are due to the inhibition, aversion to use mechanized system and a natural delay in adapting a new system. As more and more girl students begin to use this new system and would be aware of the benefit, the initial mental block or uneasiness may be abolished altogether.

Evidence of Success:

It is encouraging to note that the system is already in proper use by many girl students. The number of users is expected to steadily increase due to sustained training and monitoring by the women cell.

Resources Required:

A steady fund is required for maintenance and refilling in a periodic interval. Also the active participation by all girl students and monitoring by women cell would see the complete success and consistency.

BEST PRACTICE #02, (2016-17)

Title: Health Checkup and diagnostics by Physiology department

Context:

Health check-up of desired students and teachers. Involvement of the departmental students in an effective way.

The objectives:

To make the students acquainted with the laboratory techniques for diagnostic measures. To offer a diagnostic and other facilities as per need.

The Practice:

As per university curriculum, the students have to handle some laboratory equipments for cardiologic problem, blood pressure, thalassemia, lung function tests etc. Accordingly, students come to know the effective handling of the machines. They extend these facilities to be available for the students and staff of other departments as and when required.

Obstacles faced/Problems encountered:

Due to lack of full time well qualified technicians and sufficient substantive teachers the dream of extending this facility to the nearby locality is yet to be fulfilled.

Evidence of Success:

Irrespective of insufficient number of staff (teaching and technical) and resources to procure costly equipments, the department as a whole did a yeomen service with great spirit and enthusiasm.

Resources Required:

More fund is required to procure some essential but relatively expensive instruments. Besides, well trained staff, more substantive teacher are also required for a greater achievements.